Mock Oral Exam Question

Public Health Matters – Issue 4 May 2016

An original mock oral exam question for studying for the PHPM Royal College Exam, submitted by Dr Jia Hu (PGY2, University of Toronto) and Dr. Thomas Piggott (PGY2, McMaster University).

Stem:

You are Chief Medical Officer of Health for a Canadian Province. There has been recently been a dramatic increase in the sale and consumption of e-cigarettes in your province. The regional/local medical officers of health in your province have been vigorously debating the merits and dangers of e-cigarettes on the provincial list-serv. Fortunately, everyone agrees that cigarettes themselves pretty much have no merit whatsoever.

Question:

- 1. What are some effective public health strategies for reducing smoking rates?
- 2. What are the components of the Ottawa Charter and how could it be applied to smoking reduction?
- 3. What are some potential public health harms from e-cigarette use?
- 4. What are some potential public health benefits from e-cigarette use?

Responses:

Post your thoughts on the responses to the Facebook Group for discussion: